

## **LOVN CHAT Meeting Summary March 12th, 2010 8:30 am**

**Present:** Pat Maurer, Maria Rometo, Mary King, Dianne Nugent, Paula Carney, Carolyn Stephens, Susan Haley, Hilary Woodcum, Marylo Caldwell, Richard Rogers, Kimalee Rawley, Shannon Thinnies

**Welcome and Introductions** – Introductions were provided and everyone welcomed.

### **DVD Launch Plans –**

March 17<sup>th</sup> from 3-4, we will do *Nutrition Bingo* at the Venice Library 3-4 pm.

March 20<sup>th</sup> 10:30 – 1 pm - *Healthy Eating Fair* at the Venice Library with the DVD Premiere. Set up is at 10:00 with opening at 10:30. The premiere will be at 11 pm and the cooking demonstration at 11:30. Richard will highlight information on the health benefits of the ingredients he is using. The Build-a-Cookbook and children's activities will be throughout the 10:30 – 1:00 pm time period. Discussed the possible number of people who may come through – the library is currently experiencing about 2000 people/day.

March 30<sup>th</sup> 6 pm – Panel Discussion with local nutrition professionals - topic *Healthy Eating to Slim Your Waist, and Fatten Your Wallet* –Susan Rachles from Englewood and Dianne Cogburn.

### **Announcements and Catching Up with Member Activities –**

All Faiths Food Banks will be giving out food after the community dinners.

All Faiths Food Banks food packing day Saturday, March 27<sup>th</sup> a 9-1 pm At the Lee Wetherington Boys and Girls Club.

Coastal Behavioral Health is looking for sponsors for the Medicine Bag program. A sponsor can put their logo on the bag. These bags are used for seniors to take their medications, vitamins, etc, with them to their physician.

**Next CHAT meeting April 9<sup>th</sup> – 8:30 pm Venice Library**

**March 17<sup>th</sup> – Nutrition Bingo 3:00 pm – Venice Library**

**March 20<sup>th</sup> – Healthy Eating Fair 10:30 – 1 pm – Venice Library**

**March 30<sup>th</sup> – 6 pm – Panel Discussion –Venice Library**



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*Community health depends on community voices*